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# ELENA A. DYAKOVA

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360.953.3363  
diakova@yandex.ru  
<http://tsmus.info>

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## PROFILE

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Speech pathologist with more than 25 years of clinical experience dealing with adults and young children who exhibit severe speech disorders. Dedicated researcher who has developed significant new methods of treatment for fluency disorders and a wide variety of oral motor disorders. These innovative and unique methods of Therapeutic Speech Massage, when combined with traditional treatment methods, make the muscles of speech more responsive to treatment. Highly sought after lecturer and associate professor who has developed and presented workshops and courses across western Russia, the United States and international conferences. Areas of expertise include:

Oral Motor Disorders • Fluency Disorders • Stuttering • Dysarthria • Alalia •  
Reflexology in Speech Therapy • Therapeutic Speech Massage

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## CLINICAL EXPERIENCE

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**Speech Language Pathologist** – Private Practice, Moscow and Portland, Oregon 1993 to present

- Provide hands-on patient care for children, adolescents and adults with a variety of oral motor disorders including stuttering or dysfluency, dysarthria, dysphonia and alalia.
- Administer treatment including therapeutic speech massage and acupressure to treat speech disorders.
- Developed new and unique method of therapeutic speech massage for the treatment of speech disorders which has been well-received by Russian practitioners who work with children and adults.

**Speech-Language Pathologist** – Psychoneurological Clinic No. 23, Moscow 2002 to 2005

- Diagnosed patients of all ages – from children to adults – with various speech disorders using testing methods such as assessment of muscular controls and assessment of physical oral motor structure including the position of the hyoid bone.
- Created individualized patient treatment plan including speech therapy and therapeutic massage or manipulation of oral motor speech control muscles.

**Speech-Language Pathologist** – Moscow Scientific Research Institute of Pediatrics, Moscow 2003 to 2004

- Consulted with, diagnosed and treated young patients 6 months to 2 years old who were observed with severe motion pathology.
- Conducted lessons for parents related to speech stimulation of children and how to use therapeutic speech massage in the correcting of oral motor functions.

**Speech-Language Pathologist** – Center of Speech Pathology and Neurorehabilitation, Moscow 1993 to 1996

- Developed innovative methods of speech correction related to stuttering adults and children.
- Based research on thesis written for Ph.D., “Monologue Utterances of Adult Stutterers.”
- Studied psycholinguistic aspect of stuttering which included peculiarities of intra-speech programming and semantic perception of the text. Developed therapies for stutterers based on these theories.

**Speech-Language Pathologist** – Serbsky Institute of Social and Forensic Psychiatry, Moscow 1988 to 1993

- Diagnosed and remediated speech pathologies in stuttering adolescents and adults.

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**EDUCATION, SPEAKING AND RESEARCH EXPERIENCE**

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**Associate Professor** – Moscow City Pedagogical University, Moscow 1998 to present

- Teach undergraduate courses in the Speech Pathology Department. Courses taught include Stuttering, Dysarthria and Therapeutic Massage (TSM).
- Develop curriculum, lesson plans, education support materials and tests/evaluations. Provide students both lecture-based and hands-on clinical application education methods.
- Supervise students and provided feedback on their clinical practices and methods while observing their interaction with speech therapy patients in the University clinic practice and elementary schools.
- Serve as the Science Secretary of the Thesis Council from 2001 to present; preview all graduate student theses and approved the documents for committee review.
- Selected as the Vice Dean for Research for the University.
- Member of the Scientific Peer Review Board for Special Pedagogic and Special Psychology faculty.

**Visiting Lecturer** – Institute of Psychology and Pedagogy, Moscow 2004 to present

- Provide lectures on stuttering, dysarthria and therapeutic speech massage for speech and language pathologists as part of a program of continuing education.

**Senior Scientific Worker / Research Fellow** – Sechenov Moscow Medical Academy, Moscow 2002 to 2011

- Maintained an independent program of research in the speech pathology specialty. Studied neurogenic disorders and innovative methods of treatment for adults and children.
- Developed new and unique methods of therapeutic speech massage for the treatment of speech disorders. Developed innovations which led to improvement in speech breathing, voice and intonation.
- Researched programs designed to modify communication patterns in parents which may contribute to the problem of stuttering in their children.

**Visiting Lecturer** – Moscow Psychological-Social Institute, Moscow 1998 to 2002

- Provide lectures on stuttering and therapeutic speech massage for students, speech and language pathologists and parents.
- Facilitate courses in Stuttering, Dysarthria, Therapeutic Speech Massage, Speech Therapy Rhythmics and Speech Pathology of Voice Disturbances at the Moscow Social-Humanitarian Institute.

**Associate Professor/Chair of Psychology and Special Pedagogics**

Institute for Continuing Education, Moscow 1996 to 1998

- Taught continuing education for various industry professionals that enhanced their qualifications.
- Offered classes for preschool teachers who deal with children with severe speech disturbances. Courses included Organization, Content and Methods of Speech as well as Therapy for Children with Severe Speech Disturbances.
- Facilitated courses for speech therapists including Stuttering, Dysarthria, Alalia, Therapeutic Speech Massage, Development of Speech in Children and Methods of Speech Therapy for Children with Severe Speech Disturbances.

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**ACADEMIC HONORS AND AWARDS**

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**Awarded Assistant Professor (Docent)**, Department of Speech Therapy  
Moscow City Pedagogical University, Moscow, 2000

**Recognized as Speech Language Therapist of Highest Qualification**  
Awarded by the Moscow Department of Education

**Received Award for Best Research Report**  
*“Psycholinguistic Analysis of the Oral Reading Process of Adult Stutterers”*  
Moscow Committee of Education and Moscow City Pedagogical University, 1999

**Award of 2<sup>nd</sup> Degree, Best Text Book “Stuttering”**  
Awarded by Moscow State Pedagogical University (Lenin), 1998

**Award of 2<sup>nd</sup> Degree, Best Research Work**  
*“Comparative Analysis of Speech-Language Parameters Among Persons with Normal Speech and Stutters.”*  
In Psycholinguistics and Modern Logopedia (in Russian), Ed. By Chalilova L.B., page 156 – 159, 1997

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**EDUCATION**

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**Ph.D., Speech Pathology**, Moscow State Pedagogical University, Moscow, 1995  
Dissertation: *“Monologue Utterances of Adult Stutterers.”*

**Post-graduate Studies, Speech Therapy**, Moscow State Pedagogical University, Moscow, 1988 to 1993

**Bachelor of Science, Speech Therapy**, Moscow State Pedagogical University, Moscow, 1985, with honors  
Dissertation: *“The Use of Special Methods for Evaluation of Communicative Relations of Adult Stutterers.”*

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**TEXTBOOK AND FILM PUBLICATIONS**

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*“Speech Therapy – Stuttering”* with Beliakova L.I., EKSMO Press, Moscow, 1998, (1st ed. 1-301 pages)  
(2nd ed. 2001, EKSMO 1-318 pages), (3rd ed. 2003, 1-207 pages, Academia Press, also Moscow)  
Recommended by the Ministry of General and Professional Education of Russian Federation

*“Selected Readings in Speech Therapy – Stuttering”* with Beliakova, L.I., (1st ed., EKSMO Press, Moscow,  
2001, 415 pages), (2nd ed., Academia Press, Moscow 2003, 304 pages)  
Recommended by the Ministry of General and Professional Education of Russian Federation

*“Therapeutic Speech Massage”* (1st ed., Academia Press, Moscow, 2003, 96 pages), (2nd ed., Academia Press,  
Moscow, 2004 (in print) 96 pages), (3rd ed., Academia Press, Moscow 2010, 96 pages)  
Recommended by the Education Committee

*“Development of Children’s Speech”* with Beliakova L.I., Video film for young parents,  
Association of the Scientific Cinema, Cinematographic Union, 63 minutes, Moscow, 1998

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**SCIENTIFIC PUBLICATIONS AND PRESENTATIONS**

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***“Techniques of the Formation of Fluent Speech of Stutterers.”***

Publication highlighted problems of education in special pedagogic and special psychology in Russia and Bulgaria between centuries.

Grant <sup>1</sup> 5005 Higher Education Support Program, Soros Fund, Sofia-Moscow, 2001, pages 148-164

***“The Peculiarities of Reading Aloud By Adult Stutterers.”*** Defectology, <sup>1</sup> 6, 2000, pages 3-28

***“Main Trends in the Rehabilitation of Stutterers in Russia.”*** and ***“Fluency Disorders: Theory, Research, Treatment and Self-Help.”*** Proceedings of the Third World Congress of Fluency Disorders, Nyborg, Denmark. With Beliakova L.I., Ed. H.G. Bosshardt, J.S. Yaruss, H.F. Peters. IFA, 2000, pages 284-287

***“Comparative Analysis of the Number, Duration and Localization of Pauses for Stutterers and People with Normal Speech.”*** Stuttering: Proceedings of the First World Congress of Fluency Disorders. Aug. 8-12, 1994, Munich, Germany.

Ed. C.W. Starkweather, A.F.M. Peters. V.2, The International Fluency Association. 1995, pages 604-607

***“Main Principles for the Application of Therapeutic Speech Massage.”***

Speech Therapist, 2005, № 5-6, pages 202-210

***“Therapeutic Speech Massage in Rehabilitation of Stutterers.”***

Public Health and Health System Management, 2007, pages 97-101

***“Therapeutic Speech Massage I: Hypertonicity.”*** Oregon Speech Pathology Academy, Portland, Oregon, 2006

Asked to present at more than 20 international congress presentations due to recognized expertise in speech disorders and discoveries in therapeutic speech massage.

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**PROFESSIONAL ASSOCIATIONS**

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Member, **International Fluency Association**

Facilitator of Self-help Groups in Moscow for Stutterers, **International Stuttering Association**